

SCOTTISH ATHLETICS



**NATIONAL VETERANS
CROSS COUNTRY
CHAMPIONSHIPS**

**FORRES
GRANT PARK**

SATURDAY 8th MARCH 2003

Women 6,400 Metres	1.30pm
Men 10,000 Metres	2.15pm

SCOTTISH ATHLETICS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	Mrs Joan Watt
Event Manager	Karen Weiniger
Chief Executive	David Joy

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Marjory Cook (City of Edinburgh AC)
Vice Convener	Robin Thomas (Hunters Bog Trotters)
Hon. Secretary	Brian Goodwin (Bellahouston H.)
Finance Officer	Graham Sword (Strathkelvin Ladies)

OFFICIALS

Referee	Andy Law
Clerk of Course	Paul Matheson
Judges/Funnel Control	Marion Allan, Maggie Henderson
Recorders	Phyllis Law, Mike Scott, Sandy Forsyth
Timekeepers	Duncan Davidson, John Henderson
Starter	Ken Davies
Declarations	Caroline Cowie
Results	Peter Jackson, Jen Jackson, Alex Jackson
Presentations	Brian Goodwin, Rex McIntosh, Walter Banks MBE
Course Stewards	Members of Moray Road Runners
First Aid	M.Milmoe
Jury of Appeal	Brian Goodwin, Alex Jackson, Walter Banks MBE
Convener	Douglas Cowie

Scottish Athletics thanks the following for their support and assistance in running to-days event.

Forres Harriers
Fraser Brothers Butchers Forres
Tesco Forres

COOP Grocers Forres
McLeans Bakers Forres
Royal Air Force Kinloss

MESSAGES

Road Running and Cross Country Commission

On behalf of the Road Running and Cross Country Commission I welcome you to the National Veterans Cross Country Championships

We are grateful to Forres Harriers for hosting the event and setting a varied course in Grant Park.. It will provide a testing course for both races. To the members of Forres Harriers and to all the other officials involved go our thanks. Without you there would be no Championships.

To the many competitors of all ages we hope you have a good race. We know you will have the great satisfaction of being able to do so!

Marjory Cook
Convener
RR & CC Commission

Forres Harriers

On behalf of Forres Harriers I would like to welcome all competitors and supporters to this years Scottish Veterans Cross Country Championships.

The Royal Burgh of Forres is situated close to the Moray Firth and we are lucky to have a great variety of different terrains to run on. The course around Grant Park and Cluny Hill, provides a mixture of parkland and woodland trails that are sure to provide an exciting race.

We at Forres Harriers are proud to be hosting this event and I would like to thank the organising committee along with the large number of willing volunteers, who will be assisting on the day, for making this event possible.

It just remains for me to wish all the competitors the very best of luck and we hope you will join us at Forres Town Hall for the post race refreshments, which have generously been provided by a number of local businesses.

Paul Matheson
Club Captain
Forres Harriers

Veteran Women

Declarations Close- 1.00

2002 Winner- Frances Florence (Shettleston Ladies)

Race Starts - 1.30

2002 Team - Gala Harriers

Aberdeen AAC Colours: White with 2 red hoops

201 Sonia Armitage (40)	202 Kathryn Mearns (45)	203 Laura Mahady (45)
204 Margaret Stafford (45)	205 Janice Gordon (45)	206 Nancy MacKinnon (50)
207 Elaine Stewart (45)		

Carnethy Hill RC Colours: Yellow with Red letters

208 Karen Powell (35)

Central AC Colours: Yellow and Blue

209 Jane Waterhouse (50)	210 Hazel Dean (40)	211 Sandra Edwards (40)
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City of Edinburgh AC Colours: White with one Blue, one Black Hoop

212 Joanne Whitehead (35)	213 Carol-ann Gray (35)	214 Sharyn Ramage (40)
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City of Glasgow AC Colours: Royal Blue with Green Panel

215 Jacqueline Thomson (35)	216 Eileen Cochrane (35)
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Dundee Road Runners Colours: White with Blue Diagonal

217 Margaret Robertson (55)	218 Miriam Rennet (40)
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Edinburgh Woollen Mill Colours: White /Blue /Red

219 Karen Dobbie (35)

Falkirk Victoria Harriers Colours: Black with Gold Band

220 Caroline Lawless (40)

Fife AC Colours: White with Red Band

221 Phyllis Lemoncello (55)	222 Jocelyn Scott (50)
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Forres Harriers Colours: Red

223 Jackie Nicol (40)	224 Alison Rodgers (35)	225 Frances Russell (35)
226 Shona Spencer (35)	227 June Duncan (35)	

Hunters Bog Trotters Colours: Brown

228 Suzanne Ebel (35)	229 Deborah McDonald (40)
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Inverness Harriers Colours: Gold with Maroon Diagonal

230 Liz Forbes (45)	231 Muriel Fuller (35)	232 Mandy MacIver (35)
233 Katy Boocock (35)	234 Grace Main (40)	235 Julie Wilson (35)

Irvine AC Colours: Red with Black Trim

236 Helen Morton (40)	237 Elizabeth McGarry (45)	238 Alison Craig (40)
239 Mary Miller (40)		

Lothian Running Club Colours: Blue with Black letters

240 Jane Ackland (35)	241 Helen Murray (40)	242 Marsie Ewing (45)
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Moray Road Runners Colours: Dayglow yellow with Black Trim

243 Lynda Cowie (50)	244 Susan Henderson (40)	245 Frances Wardhaugh (45)
246 Oonagh Wilson (35)		

Pitreavie AAC Colours: Navy/Yellow/White

247 Hazel Bradley (50)

Shettleston Harriers Ladies Colours: Blue with Yellow Band

248 Lynne Marr (40)	249 Eileen Reid (45)
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Westerlands CCC Colours: Yellow with Black "W" on Back

250 Jane Robertson (35)

Veteran Men

Declarations Close- 1.45

2002 Winner Tommy Murray (Inverclyde AC)

Race Starts - 2.15

2002 Team - Ron Hill Cambuslang

Aberdeen AAC Colours: White with 2 red hoops

1 Mel Edwards (60)	2 Neil Murdock (55)
4 Ian Jolliffe (55)	5 Stephen Cassells (45)
7 Alan Fulton (50)	8 Michael Greaves (50)

3 Alexander Peddie (40)
6 Colin Taylor (40)
9 David Armitage (50)

Central AC Colours: Yellow and Blue

10 John Dickson (50)

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

11 Alex MacEwen (45)	12 Walter McCaskey (65)	13 Robert McFall (70)
14 Ken Mortimer (40)	15 Robert Riddell (40)	16 Stewart Robertson (40)
17 Garry Robertson (40)	18 John Steel (40)	19 Eric Stevenson (50)
20 Adam Ward (40)	21 Jonathan Whitehead (45)	22 Zenon Bankowski (55)
23 Alexander Cameron (60)	24 Colin Cable (40)	25 Robert Cockburn (55)
26 Ian Findlay (40)	27 William Gallacher (50)	28 Andrew Griffiths (50)
29 Brian Howie (50)	30 Keith Lyle (40)	

Clydesdale Harriers Colours: White with Black "C"

31 Brian Edridge (55)	32 John Hanratty (50)	33 Peter Rudzinski (50)
34 James Shields (55)	35 Robert Young (55)	36 John McArthur (40)

Cosmic Hillbashers

37 Alfred McKay (50)	38 Arnold Mouat (50)
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Deeside Runners Colours: Green

39 Alan Smith (40)

Dundee Hawkhill Harriers Colours: Blue and White Quarters

40 Stephen Cromar (60)	41 Charles Love (60)	42 Dave Hanlon (45)
43 Charles Haskett (45)	44 Craig Ross (45)	45 John Hepburn (40)
46 Brian Cook (40)	47 Pete Fox (40)	

East Kilbride AAC Colours: Gold with 2 Black hoops

48 Gordon Colvin (40)	49 David J. Condra (40)	50 Graeme Haddow (40)
51 Edgar Ramage (45)	52 Ralph Riach (40)	

Elgin AAC Colours: Black White Band

53 Malcolm Christie (40)

Energy Zone Carnegie Colours: Orange & Green

54 Lewis Lawson (40)	55 Ian Stewart (45)	56 Peter Simpson (40)
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Ferranti AAC Colours: Yellow with Black letters

57 James Shaw (65)

Fife AC Colours: White with Red Band

58 Tom Scott (50)

Montrose & D AC Colours: Black and Red

136 Graham Reid (60)	137 Colin Dickson (50)
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Moray Road Runners Colours: Dayglow yellow with Black Trim

138 John MacGregor (50)	139 Gordon Cowie (50)	140 Ewan Paterson (50)
141 Derek Spear (40)	142 Martin Flynn (45)	143 George Sim (50)
144 Gilbert Bain (40)	145 Don Ritchie (55)	146 Ian Barker (40)
147 David Stewart (55)		

Nairn & D AAC Colours: Orange

148 Steve Smirthwaite (45)

Peterhead AAC Colours: Sky Blue

149 Iain Cruickshank (40)	150 John Diffey (55)	151 John Robertson (45)
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Pitreavie AAC Colours: Navy/Yellow/White

152 Douglas Gray (40)	153 Peter Baxter (45)	154 Colin Simpson (45)
155 Archibald Duncan (55)		

Ron Hill Cambuslang Harriers Colours: Red with White Band

156 Ross Arbuckle (40)	157 Frank Barton (45)	158 David Dymond (45)
159 Archie Jenkins (50)	160 David Marshall (40)	161 Gerry Reid (40)
162 John Simpson (40)	163 Ian Williamson (40)	164 Jimmy Zaples (45)
165 David Fairweather (55)		

Shettleston Harriers Colours: Blue with Yellow Band

166 Adrian Callan (40)	167 William Coyle (40)	168 Desmond Crowe (40)
169 Peter Carton (45)	170 John Mackay (40)	171 Dermot McGonigle (40)
172 Denis Williams (40)	173 Andrew McIntyre (40)	

Springburn Harriers Colours: Navy Blue with White Diamond

174 Thomas O'Reilly (70)

Swindon Harriers

175 Brian Gardner (45)

Troon Tortoises AC Colours: Yellow with 2 Black Half hoops

176 Owen Light (70)	177 Sandy Robertson (70)
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Unattached

178 Arnott Kidd (65)

Westerlands CCC Colours: Yellow with Black "W" on Back

179 Gibson Fleming (55)	180 Sandy McNeil (60)	181 Ronald Gallagher (40)
182 David Calder (40)		

WOMEN

6,400m

1.30pm

1 Big Lap

ABCDEFGB C

1 Small Lap

CDEGB C (not doing loop at "F")

MEN

10,000m

2.15pm

3 Big Laps

ABCDEFGB C

START

FINISH

Grant Park

Cluny Hills

HONEYBUCKLE
HILL

FORRES
WARD

Scottish National Veterans
Cross Country Championships
Saturday 8th March 2003
Forres

scottishathletics



PREVIOUS MALE VETERAN CHAMPIONS

Forres Harriers Colours: Red

59 Harry Younie (60)	60 Hamish Cameron (55)	61 Michael Milmo (50)
62 Doug Cowie (50)	63 Danny Bird (45)	64 Stewart Burn (45)
65 Michael Howell (45)	66 Mike Rodgers (40)	67 Christopher Spencer (40)
68 Graeme Jervis (40)	69 Mark Priestley (40)	70 Mark Howls (40)

Fraserburgh R C Colours: Black & White

71 Kevin Brooks (40)

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops

72 James Bennett (45)	73 William Jukes (50)	74 Robert Wilson (45)
75 Daniel McLaughlin (40)	76 Phillip Russell (45)	77 George Mitchell (40)
78 Stephen McLoone (40)		

Haddington East Lothian Pacemakers Colours: Red and White Halves

79 George Armstrong (60) 80 Frederick McCain (50)

Hamilton H Colours: White with Red Facings

81 Hugh Gibson (70) 82 William Hamill (70)

Hunters Bog Trotters Colours: Brown

83 Duncan Baker (40)	84 Stephen Baxter (50)	85 Colin Farquharson (40)
86 Paul Foy (40)	87 John McKay (40)	88 Ian Marshall (50)
89 Robin Thomas (45)	90 Richard Wall (45)	

Inverclyde AC Colours: Black & White Stripes

91 Gerard Gaffney (45) 92 Thomas Murray (40)

Inverness Harriers Colours: Gold with Maroon Diagonal

93 Jim Davidson (55)	94 Graham Whyte (45)	95 George Mitchell (55)
96 Ross Macdonald (45)	97 Charles Jarvie (55)	98 Charles Forbes (45)
99 Jim Wilson (45)	100 Peter Ferguson (50)	101 Gerald Box (55)

Irvine AC Colours: Red with Black Trim

102 James White (50)	103 Brian Craig (40)	104 Joseph McNamee (40)
105 Iain Fraser (40)	106 Ian McManus (60)	107 Andrew Rennie (50)
108 Finlay Dowell (40)	109 Colin Miller (45)	110 Ashley Shedden (50)

Kilbarchan AAC Colours: Gold with Black Hoop

111 Thomas Anderson (40) 112 David Mewse (50)

Kingston-U-Hull

113 Alan Fowlie (60)

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

114 Gordon Douglas (40)	115 William Drysdale (65)	116 John Gourlay (55)
117 James Rowley (55)	118 Patrick Kelly (55)	119 James Macdonald (40)

Lothian Running Club Colours: Blue with Black letters

120 Graeme Ackland (40)	121 Peter Dymoke (40)	122 Robert Lee (40)
123 Colin Meek (40)		

Metro Aberdeen RC Colours: Black/Yellow Quarters

124 Fraser Clyne (45)	125 Keith Farquhar (40)	126 Peter Jennings (45)
127 Scott Mitchell (50)	128 Bruce Moroney (40)	129 Charles Noble (50)
130 Robert Taylor (45)	131 Ian Williamson (45)	132 Colin Youngson (55)
133 Duncan Wood (40)	134 George Jamieson (40)	135 Donald Whyte (40)

M40

1972 W.Stoddart (Greenock Wellpark H.)	1972 J.E.Farrell (Maryhill H.)
1973 W.Stoddart (Greenock Wellpark H.)	1973 H.Smith (Maryhill H.)
1974 C.McAlinden (Paisley H.)	1974 J.E.Farrell (Maryhill H.)
1975 C.McAlinden (Paisley H.)	1975 G.Porteous (Maryhill H.)
1976 C.McAlinden (Paisley H.)	1976 G.Porteous (Maryhill H.)
1977 W.Stoddart (Greenock Wellpark H.)	1977 G.Porteous (Maryhill H.)
1978 W.Stoddart (Greenock Wellpark H.)	1978 A.Forbes (Victoria Park AAC)
1979 W.Stoddart (Greenock Wellpark H.)	1979 J.E.Farrell (Maryhill H.)
1980 D.McGregor (Fife AC)	1980 A.Forbes (Victoria Park AAC)
1981 M.Craven (Edinburgh Southern H.)	1981 D.Morrison (Shettleston H.)
1982 A.Brown (Clyde Valley AC)	1982 G.Porteous (Maryhill H.)
1983 D.McGregor (Fife AC)	1983 J.Clark (Clyde Valley AC)
1984 R.Hodelet (Greenock Glenpark H.)	1984 J.Kelly (Shettleston H.)
1985 R.Hodelet (Greenock Glenpark H.)	1985 J.Clark (Clyde Valley AC)
1986 B.Scobie (Maryhill H.)	1986 M.Scott (Haddington ELP)
1987 B.Scobie (Maryhill H.)	1987 W.Temple (Unattached)
1988 C.Youngson (Aberdeen AAC)	1988 W.Marshall (Motherwell YMCA)
1989 C.Youngson (Aberdeen AAC)	1989 W.Marshall (Motherwell YMCA)
1990 G.Meredith (Victoria Park AAC)	1990 W.Marshall (Motherwell YMCA)
1991 I.Elliot (Teviotdale H.)	1991 W.Marshall (Motherwell YMCA)
1992 I.Elliot (Teviotdale H.)	1992 W.Stoddart (Greenock Wellpark H.)
1993 B.Kirkwood (Racing Club Edinburgh)	1993 A.Brown (Law & District AAC)
1994 B.Kirkwood (Racing Club Edinburgh)	1994 A.Brown (Law & District AAC)
1995 B.Kirkwood (Leslie Deans Racing C)	1995 B.Gauld (Carnethy HRC)
1996 B.Kirkwood (Leslie Deans Racing C)	1996 T.O'Reilly (Springburn H.)
1997 F.Clyne (Metro Aberdeen RC)	1997 T.O'Reilly (Springburn H.)
1998 E.Stewart (Ron Hill Cambuslang H)	1998 J.Maitland (Lochaber AC)
1999 K.Varney (Metro Aberdeen RC)	1999 B.Waldie (Carnethy HRC)
2000 C.Donnelly (Ron Hill Cambuslang H)	2000 B.Waldie (Carnethy HRC)
2001 C.Donnelly (Ron Hill Cambuslang H)	2001 G.Black (Fife AC)
2002 T.Murray (Inverclyde AC)	2002 S.Cromar (Dundee Hawkhill H)

M45

1989 A.Adams (Dumbarton AAC)	M65
1990 A.Adams (Dumbarton AAC)	1989 T.Harrison (Maryhill H.)
1991 A.Adams (Dumbarton AAC)	1991 H.McGinley (Falkirk Victoria H.)
1992 A.Adams (Dumbarton AAC)	1992 W.Gillespie (Falkirk Victoria H.)
1993 C.Youngson (Aberdeen AAC)	1993 W.Marshall (Scottish Veteran H.)
1994 B.Emmerson (Teviotdale H.)	1994 W.Marshall (Cambuslang H.)
1995 B.Emmerson (Teviotdale H.)	1995 W.Marshall (Cambuslang H.)
1996 G.Sim (Moray Road Runners)	1996 W.Marshall (Cambuslang H.)
1997 B.Emmerson (Teviotdale H.)	1997 W.McBrinn (Shettleston H.)
1998 B.Kirkwood (Mizuno RC)	1998 B.McFall (City of Edinburgh AC)
1999 B.Kirkwood (Mizuno RC)	1999 B.McFall (City of Edinburgh AC)
2000 B.Kirkwood (Mizuno RC)	2000 T.O'Reilly (Springburn H)
2001 F.Clyne (Metro Aberdeen RC)	2001 W.McCaskey (City of Edinburgh AC)
2002 I.Stewart (EZ Carnegie H)	2002 T.O'Reilly (Springburn H)

M50

1972 A.Forbes (Victoria Park AAC)
 1973 W.J. Ross (Garscube H.)
 1974 G.Martin (Springburn H.)
 1975 T.Harrison Maryhill H.)
 1976 C.O'Boyle (Clydesdale H)
 1977 R.Kane (Victoria Park AAC)
 1978 W.Marshall (Clyde Valley H.)
 1979 H.Mitchell (Shettleston H.)
 1980 W.Marshall (Motherwell YMCA)
 1981 W.Marshall (Motherwell YMCA)
 1982 W.Stoddart (Greenock Wellpark H)
 1983 A.Wood (Aberdeen AAC)
 1984 W.Stoddart (Greenock Wellpark H)
 1985 W.Stoddart (Greenock Wellpark H)
 1986 W.Stoddart (Greenock Wellpark H)
 1987 J.Irvine (Bellahouston H.)
 1988 W.Stoddart (Greenock Wellpark H)
 1989 J.Maitland (Lochaber AC)
 1990 J.Linaker (Pitreevie AAC)
 1991 D.McGregor (Fife AC)
 1992 G.Armstrong (Haddington ELP)
 1993 D.McGregor (Fife AC)
 1994 A.Adams (Dumbarton AAC)
 1995 A.Adams (Dumbarton AAC)
 1996 A.Duncan (BT Pitreevie AAC)
 1997 D.Gemmell (Clydesdale H.)
 1998 C.Youngson (Metro Aberdeen RC)
 1999 C.Youngson (Metro Aberdeen RC)
 2000 C.Youngson (Metro Aberdeen RC)
 2001 C.Noble (Metro Aberdeen RC)
 2002 A.McLinden (Hamilton H)
 M55
 1989 H.Gibson (Hamilton H)
 1990 H.Rankin (JW Kilmarnock AC)
 1991 W.Gauld (Carnethy HRC)
 1992 H.Rankin (JW Kilmarnock AC)
 1993 W.Gauld (Carnethy HRC)
 1994 H.Morrison (Edinburgh AC)
 1995 J.Linaker (BT Pitreevie AAC)
 1996 J.Linaker (BT Pitreevie AAC)
 1997 J.Linaker (B Pitreevie AAC)
 1998 P.Cartwright (Falkirk VH)
 1999 G.Fleming (Westerland CCC)
 2000 B.Young (Clydesdale H)
 2001 T.Dolan (Ron Hill Cambuslang H)
 2002 T.Dolan (Ron Hill Cambuslang H)

M70

1991 T.Harrison Maryhill H.)
 1992 T.Harrison Maryhill H.)

M75

1989 D.Morrison (Shettleston H.)
 1992 G.Porteus (Maryhill H)

TEAMS

1972 Greenock Wellpark H.
 1973 Springburn H.
 1974 Springburn H.
 1975 Springburn H.
 1976 Springburn H.
 1977 Edinburgh AC
 1978 Springburn H.
 1979 Edinburgh Southern H.
 1980 Edinburgh Southern H.
 1981 Clyde Valley AC
 1982 Clyde Valley AC
 1983 Edinburgh Southern H.
 1984 Shettleston H.
 1985 Shettleston H.
 1986 Pitreevie AAC
 1987 Pitreevie AAC
 1988 Aberdeen AAC
 1989 Aberdeen AAC
 1990 Aberdeen AAC
 1991 Teviotdale H
 1992 Aberdeen AAC
 1993 Teviotdale H
 1994 Teviotdale H
 1995 Dumbarton AAC
 1996 Cambuslang H
 1997 Cambuslang H
 1998 Ron Hill Cambuslang H
 1999 Ron Hill Cambuslang H
 2000 Ron Hill Cambuslang H
 2001 Ron Hill Cambuslang H
 2002 Ron Hill Cambuslang H

PREVIOUS WOMEN VETERAN CHAMPIONS

W35

1993 S.Branney (City of Glasgow)
 1994 T.Thomson (BT Pitreevie AAC)
 1995 T.Thomson (BT Pitreevie AAC)
 1996 S.Armitage (Aberdeen AAC)
 1997 T.Thomson (B Pitreevie AAC)
 1998 L.Harding (Shettleston Ladies)
 1999 E. McBrinn (Shettleston Ladies)
 2000 L.Harding (Shettleston Ladies)
 2001 S.Ridley (Edinburgh WM)
 2002 E.McBrinn (Shettleston Ladies)

W40

1993 J.Stevenson (Falkirk Victoria H)
 1994 J.Stevenson (Falkirk Victoria H)
 1995 G.Hanlon (Dundee Hawkhill H)
 1996 L. McGarry (Irvine AC)
 1997 J.Waterhouse (Central AC)
 1998 S.Branney (City of Glasgow)
 1999 T.Thomson (Pitreevie AAC)
 2000 T.Thomson (Pitreevie AAC)
 2001 S.Armitage (Aberdeen AAC)
 2002 F.Florence (Shettleston Ladies)

W45

1993 M.Robertson (Dundee Roadrunners)
 1994 P.Lemoncello (Fife AC)
 1995 M.Robertson (Dundee Road Runners)
 1996 J.Stevenson (Falkirk Victoria H.)
 1997 J.Stevenson (Falkirk Victoria H)
 1998 D.Monteith (Loudoun Runners)
 1999 J.Waterhouse (Central AC)
 2000 J.Waterhouse (Central AC)
 2001 J.Waterhouse (Central AC)
 2002 P.Affleck (Gala H)

W50

1993 S.Roger (Dundee Roadrunners)
 1994 J.Phillips (Lasswade AC)
 1995 J.Byng (Irvine AC)
 1997 J.Byng (Irvine AC)
 1998 P.Lemoncello (Fife AC)
 1999 P.Lemoncello (Fife AC)
 2000 P.Lemoncello (Fife AC)
 2001 H.Bradley (Pitreevie AAC)
 2002 J.Stevenson (Falkirk Victoria H)

W55

1993 M.Moore (Kilbarchan AAC)
 1994 M.Moore (Kilbarchan AAC)
 1995 M.Moore (Kilbarchan AAC)
 1996 M.Gallacher (Maryhill H.)

TEAMS

1993 Fife AC
 1994 Fife AC
 1995 Livingston & D AAC
 1996 Aberdeen AAC
 1997 B Pitreevie AAC
 1998 Shettleston Ladies
 1999 Shettleston Ladies
 2000 Pitreevie AAC
 2001 Shettleston Ladies
 2002 Gala Harriers

NATIONAL VETERAN'S CHAMPIONSHIP VENUES

2003	FORRES
2002	GLASGOW
2001	ABERDEEN
2000	CUMNOCK
1999	HAWICK
1998	TROON
1997	EDINBURGH
1996	ELGIN
1995	HAWICK
1994	TROON
1993	ST ANDREWS
1992	TROON
1991	LINLITHGOW
1990	DUMFRIES
1989	ABERDEEN
1988	CLYDEBANK
1987	MUSSELBURGH
1986	BISHOPBRIGGS
1985	COATBRIDGE

THE LAST TIME THE NATIONAL VETS WERE HELD IN MORAYSHIRE

The 1996 National Veterans Cross Country Championships were held at Mayne Farm, New Elgin hosted by Moray Road Runners

The men's race was won by Brian Kirkwood of Racing Club making it 4 vets cross country titles in a row for the Edinburgh athlete.

George Sim of Moray Road Runners, the host club took the M45 Gold Medal with the M60 Gold going to Tom O'Reilly of Springburn Harriers who defends his M65 title to-day.

Team winners were Cambuslang Harriers with 52 points with runners up Metro Aberdeen 64 points. This win started a sequence of 7 team wins for the Glasgow club, team champions going into to-days event.

The women's winner was a young W35 Sonia Armitage of Aberdeen AAC who with Kath Mearns and Ula Simpson led Aberdeen to the team gold medals with Livingston & D AAC the runners up.

Age Category Numbers i.e 40, 45, 50 etc should be worn on the BACK

These numbers are intended to assist athletes in assessing where they are placed in their own 5 year age group during the races.